

## This Way North



### Short Biography

Taking out Best Outer Suburban Act 2018 at The Age Music Victoria Awards, Australian act This Way North are on a steady incline. It's easy to forget they are just a two-piece band. Drummer/vocalist Cat Leahy and guitarist/vocalist Leisha Jungalwalla create explosive energy and expansive sound, that translates effortlessly from the studio to the stage.

This Way North bring more passion and energy than a 10-piece band, drumming up a contagious euphoria. The duo has brought their show to audiences from the Arctic in Canada, across Australia's sweeping central desert and down to the geysers of New Zealand.

With the release their new seven-song EP Vol. 3 in February 2021, This Way North beckon us to shake off the year that was 2020 and welcome brighter days.

## Full Biography

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After spending years touring full time and living on the road, This Way North are currently taking their COVID forced grounding in the historic and arts centric tiny town of Yackandandandah in North Eastern Victoria.

This Way North will release their new seven-song EP Vol. 3 in February 2021, beckoning us to shake off the year that was 2020 and welcome brighter days.

Recorded in Nashville in January 2020 on a trip to the US—where This Way North was invited to showcase at the Folk Alliance International Conference in New Orleans—and produced by Brad Jones (Skipping Girl Vinegar, Justin Townes Earle, Bob Evans), EP Vol. 3 is at its heart celebratory, reminding us that things were once ok, and will be once again.

It is also the ultimate instalment in a trilogy of EPs (joining 2016's EP Vol. 1 and 2018's EP Vol. 2)—and is a collection of new tracks from guitarist/singer Leisha Jungalwalla and drummer/singer Cat Leahy, written while travelling and touring around Australia, New Zealand and Canada.

For three years Jungalwalla and Leahy traded a bricks-and-mortar home for vanlife on the road, and a spirit of adventure and unbridled joy has taken up permanent residence in their music—no more so than this new collection.

“Living on the road meant we were able to visit some beautiful places to write new music, including an off-grid community in Tassie; a big permaculture property in the Canada's BC Interior; and, the Sunshine Coast hinterland,” says Jungalwalla.

Since their last release in 2018, This Way North—named Music Victoria's Best Regional/Outer Suburban Act in the same year—had continued full-time touring across Australia, New Zealand and Canada, supporting Ash Grunwald and Kate Ceberano along the way; and, playing local festivals including Queenscliff, Mullumbimby, Woodford, Port Fairy, and the Ness Creek, and Robson Valley festivals in Canada. The duo also released standalone single Night Terrors in 2019, a taste of things to come.

Alongside This Way North, Jungalwalla and Leahy also founded Sass the Patriarchy in 2018, an event series aimed at improving gender equality in the music industry. Their

events and festivals in Australia and overseas have featured artists including Thando, Dallas Frasca, Hollie Joyce, Bitch Diesel, The Twoks, and Simona Castricum.

Whether in a local dive bar or at a major festival, This Way North bring more passion and energy than a 10-piece band, drumming up a contagious euphoria. The duo has brought their show to audiences from the Arctic in Canada, across Australia's sweeping central desert and down to the geysers of New Zealand.

[thiswaynorth.com](http://thiswaynorth.com)

 <https://www.facebook.com/thiswaynorthmusic>

 <https://twitter.com/thiswaynorthHQ>

 <https://www.youtube.com/channel/UCvBaFWCelWelh9xfDeUX9LA/featured>

"You Be You is a gorgeous tune from This Way North, their sweet harmonies sending us drifting all the way up to cloud nine."

- Sarah Howells, Double J

"Those rumbling drums, that sneaky little slide guitar line... the way it all comes together to become a lush, powerful piece of music that's so easy to get caught up in."

- DOUBLE J RADIO

"These women are what makes music great. Energy, passion, beautifully crafted songs, kick-arse drummer, and a powerful frontwoman who combine to make sure you can't stand still."

- Higgs Triple M Radio

"This Way North are such an impressive live duo! Their blend of genres is unlike anything else around. Great grooves, and they know how to rock!"

- ASH GRUNWALD

## **Approved Quote**

"We are beyond excited to resume life on the road with Festival of Small Halls, touring regionally is one of our favorite things to do, the places, the people, playing shows, the road, it's our happy place!" - Leisha Jungalwalla